GYMTASTIKS of Moose Jaw

**REGISTRATION OPENS ON LINE:**
**DECEMBER 2ND, 2019**

**WINTER 1 - 2020 - 6 weeks**

**RECREATIONAL SCHEDULE**

**GYMTASTIKS OF MOOSE JAW**

1599 Main Street North, Moose Jaw, Sk

(306) 692-2303

**www.gymtastiks.com office@gymtastiks.com**

**TENTATIVE**

| | |
|---|---|
| **Monday** | Jan 6-Feb 10 |
| **Tuesday** | Jan 7 - Feb 11 |
| **Wednesday** | Jan 8-Feb 12 |
| **Thursday** | Jan 9-Feb 13 |
| **Friday** | no classes |
| **Saturday** | Jan 4-Feb 8 |

If you are utilizing Kidsport or Jumpstart - you must call or come to the office to register.

**Mandatory $46.00 Annual (Sept 1, 2019 to Aug 31, 2020) Gym Sask/Gym Canada Fee Applies to all new registrants**

**Mandatory $15.00 Fund Raising Commitment with DeSimone Farms required per child per session.**

**$25.00 Administration charge on all transfers & withdrawals - NO REFUNDS AFTER 2ND WEEK OF CLASSES**

**Cdn Tire Jump Start Applications** http://www.moosejaw.ca/parks/jumpstart (4-18 years) **SUBMIT FORM TO GYMTASTIKS**

**Kidsport Applications** http://www.kidsportcanada.ca/saskatchewan/moose-jaw (5-18 Years) **SUBMIT FORM TO GYMTASTIKS**

| PARENT & TOT | Age/Cost | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|---|---|
| **Butterflies**<br>Exploring sights, sounds and colors<br>Parent Assisted | $60.00<br>2 years<br>30 minutes | | | 9:15 | | 5:00 | | 9:50 |
| **PRE-SCHOOL** | **Age/Cost** | **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Fireflies**<br>Introduction to independence. Parents watch from the viewing area | $70.00<br>3 years<br>30 minutes | | | 9:50<br>5:15 | 5:15 | | | 10:25 |
| **Fruitflies**<br>Independent learning<br>Parents watch from the viewing area | $85.00<br>4 years<br>45 minutes | | | 10:25<br>5:50 | 5:25 | 5:35 | | 11:00 |
| **Dragonflies**<br>Preparation for Level Program | $100.00<br>5 years<br>1 hour | | | 5:25 | 6:15 | 6:25 | | 11:50 |
| **RECREATIONAL** | **Age/Cost** | **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Intro**<br>**(Level 1 & 2 only)**<br>Introduction to fundamentals, positions and safety | $106.00<br>6+ years<br>1 hour | | 5:00 | 7:05 | | 5:10 | | 12:55 |
| **Beginner**<br>**(Level 3 & 4)**<br>Must have completed Level 2 | $116.00<br>6+ years<br>1 1/4 hour | | | 6:30 | | 6:15 | | |
| **Intermediate**<br>**(Level 5 & 6)**<br>Must have completed Levels 4 | $127.00<br>6+ years<br>1 1/2 hour | | | 6:40 | 5:50 | | | |
| **Advanced**<br>**(Levels 7+)**<br>Must have completed Level 6 | $150.00<br>8 + years<br>2 hours | | 6:05 | | | | | |
| **RHYTHMIC** | **Age/Cost** | **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Youth**<br>Development of fundamental gymnastic skills, dance, and apparatus handling. | $85.00<br>6-8 years<br>45 minutes | | | | 6:00 | | | |
| **Intermediate**<br>Development of fundamental gymnastic skills, dance, and apparatus handling. | $106.00<br>9-11 years<br>1 hour | | | | 6:50 | | | |
| **SPORT FOUNDATIONS** | **Age/Cost** | **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **ALL BOYS**<br>Work on Balances, Landings, Swings, Springs, Locomotions, Rotations for all Sports | $85.00<br>6-8 years<br>45 minutes | | | | | | | 9:00 |